Information for Parents


This resource includes a website, mobile applications and social media channels and provides practical advice about homework, tips on learning, wellbeing, technology and resources to help parents and carers support their child’s social, physical and mental development.


Great starting point for lots of ideas and helpful information from the N.S.W. Department of Education

http://www.nlnw.nsw.edu.au/videos08/ten_tips/ten_tips_00.htm

Tips for parents. Helping kids with Literacy & Numeracy


Lots of ideas for a healthy lifestyle for our kids


Healthy Kids has chosen some healthy eating topics that are relevant to Australian children and families to provide you with some accurate information. Great lunch box ideas and recipes.

http://www.pandc.org.au/

State website for N.S.W. Parents and Citizens Association. Lots of information and advice.